

# PROVIDE CHILDREN WITH FREE SUMMER MEALS



To find out more about free summer meals in the Baltimore area, contact St. Vincent de Paul of Baltimore:

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## What is the purpose of the Summer Meals Program?

Summer is often thought of as a time for swimming, picnics and camp for many children. For low-income children in our communities, who rely on school breakfasts and lunches during the school year, this can be a time of increased hunger and malnutrition.

## Where do the meals come from and who qualifies?

The Summer Food Service Program (SFSP) is a federal child nutrition program funded by the USDA. SFSP is designed to provide healthy meals to children and teens ages 18 and under during the summer.

## Where can these free meals be served?

Free meals can be served anywhere in the attendance area of a school that has 50% or more students eligible for free or reduced priced meals. Free meals can also be served to summer programs that have 50% or more students eligible for free or reduced-price meals.

Some examples of sites include:

- Summer camps and educational programs
- Apartment complexes
- Community centers
- Schools
- Faith based centers

## A few more facts about free summer meals:

- Any community organization can set up a Summer Meal site.
- Meals are served by a SFSP "sponsor"
- Two meals can be served at any one site
- Sites serving these meals must attend a training and carry out some administrative paperwork.