

**Lutherville/Timonium Recreation Council
Baltimore County Department of Recreation & Parks**



GIRLS FLAG FOOTBALL CAMP SUMMER- 2026

***Maryland just made it a varsity
Sport in the High Schools!***

**CALLING ALL FLAG FOOTBALL FANATICS
Speed * Agility * Power * Endurance**

CAMP DATES:

July 20-24th @ Seminary Park 9:00am-Noon

CAMP HIGHLIGHTS:

- * Practice the Correct Techniques * Pass Routes/ Pass Defense * Fundamentals
- * 15 Hours of Instruction * Camp T-Shirt. * Contests. * Camp Awards
- * Keepsake Photograph * Kona Ice * Pizza Available Daily

**CAMP DIRECTOR Coach Rod Norris
Girls ages 7-13**

**REGISTRATION COST \$195.00: \$10 Sibling Discount or
\$10 Discount for Multiple Camps- Flag Football/ Basketball/Team Sports**

Contact Information- **Rod Norris at 843-227-4248 or email at coachnisfun@verizon.net**

Please complete this form and enclose: Deposit of \$60.00; Checks payable to: LTRC
(Balance of registration due 1 week before camp)

- * Print and complete the Registration/Waiver form from the LTRC Summer Camp link.
- *Send Deposit and completed form to Rod Norris: **116 Felton Rd., Lutherville, MD 21093**
- *Please include your email address for updates and designate session choice on the registration form
- *Keep this flier for your information

These programs are designed to provide a healthy and enjoyable experience for your child. However, they are not licensed childcare programs and are not designed to provide childcare. Therefore, parents are encouraged to discuss attendance expectations with their children. Department staff and volunteers cannot detain youth wishing to leave at any time.

Should you require special accommodations (i.e. sign language interpreter large print, etc.) Please give as much notice as possible by calling the Rec. Office at 410-887-7684 or the Therapeutic Office at 410-887-5370 (voice), or 410-887-5319 (TTY/Deaf).